



# Hallamshire Aikido Club

## COVID-19 RISK ASSESSMENT

*N.B. This document is to be applied in compliance with the current BAB Risk Assessment Guidelines and Safeguarding Policy that can be found on <https://www.bab.org.uk>. All members to read 'Return to the Dojo' (Main document) & Supplement 33 to the Coronavirus Guidance – England*

**All members must read and acknowledge this club risk assessment, produced in accordance with BAB Risk Assessment Guidelines. Member must be fully aware and accept the inherent risks involved in undertaking contact activities such as Aikido including the potential to contract or pass on coronavirus/COVID-19 and will comply with safety measures as directed by the club.**

Task / Hazard	Hazard Identified	Current Control	Further Action	Risk Rating
Droplet Transmission	COVID-19	Guidance issued and Practise has been revised to minimise where droplet transmission may occur.	<p><b>Phase 0</b> Socially distance Aikido practiced at greater than 2 meters</p> <p><b>Phase 1</b> Aikido using equipment - weapons based training: 1. Socially distanced weapon training at greater than 2 meters for longer than 15 minutes. 2. Weapon to weapon training at less than 1 meter, non face to face for less than 1 minute. 3. Weapon to weapon training at less than 1 meter, face to face for less than 3 seconds. 4. Hand to weapon training for less than 1 meter, non face to face for less than 3 seconds.</p> <p><b>Phase 2 and 3</b> Aikido weapons and hand to hand. Weapons:</p>	<p>LOW</p> <p>LOW to MEDIUM</p> <p>LOW to MEDIUM</p>





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			<p>1. Weapon to weapon training at less than 1 meter, non face to face for less than 1 minute.</p> <p>2. Weapon to weapon training at less than 1 meter, face to face for less than 3 seconds.</p> <p>3. Hand to weapon training at less than 1 meter, non face to face for less than 3 seconds.</p> <p><b>Hand to Hand</b></p> <p>4. Hand to hand training, gripping at less than 1 meter, face to face for less than 3 seconds.</p> <p>5. Hand to hand training, gripping at less than 1 meter, non face to face for less than 3 seconds.</p> <p>5. Weapon to hand training at less than 1 meter, non face to face for less than 3 seconds.</p>	<b>MEDIUM</b>
Fomite Transmission	COVID-19	Mats to be cleaned after each use. All Aikidoka to bring own weapons Aikido Gi to be washed after each use.	Club to provide sanitiser for use with the class in case weapons are placed on the floor.	LOW
Population	COVID-19	Due to the nature of Aikido Classes being generally small with a maximum class size of 15. Pods 6 or less students training together will keep potential transmission rates down.	Ensure no mixing of pods.  Any Antigen test results to be made available for all participants, tests to have been conducted within 48 hours of training.	LOW
Travel	COVID-19	Ensure all members are aware of safe distancing requirements applicable to the various forms of transportation.	Members to maintain social distance, except when participating in Phase 2 training.	LOW





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Venue	COVID-19	Ensure safe distancing is provided, particularly in shared areas (e.g., De Hood communal areas).	Recommendation for members to wear face covering when indoors and when travelling to and from the dojo.	LOW
	COVID-19	Ensure adequate signage/posters on; <ul style="list-style-type: none"><li>• Direction Signs (possible one-way routing);</li><li>• Safe Distancing;</li><li>• Washing of Hands.</li></ul>	Members to be advised on routes in and out of the dojo within the training venue	LOW
	COVID-19	Check Venue Guidelines, with particular reference to any cleaning requirements by Venue, Ventilation etc.	Windows to be opened to ensure maximum ventilation during training. Recommend to be opened by the first person entering the dojo.	LOW
	COVID-19	Avoid use of Changing Rooms and Showers where practical.	Minimise changing requirements. Where possible arrive wearing gi, covered by tracksuit. Shower when back home.	LOW
Dojo/Club	COVID-19	Ensure Club Leaders understand and will comply with Guidelines set by Government and the BAB.		
	COVID-19	Also comply with any Guidelines issued by Member Associations.	Some Associations may have additional requirements based on their form of practice.	LOW
	COVID-19	Club COVID-19 Declaration Form to be completed and returned to BAB Secretary before resumption of training.		LOW
	COVID-19	Appoint a Coronavirus Officer to be responsible for ensuring compliance with all Guidelines and particularly safe distancing.		LOW





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	COVID-19	Ensure notification to members of resumption of training drawing specific attention to all safeguarding requirements. Particular emphasis to be placed on members not training if they are displaying COVID-19 symptoms or who have been in contact, over the preceding 2 weeks with someone identified as having the virus.		LOW
	COVID-19	Contact details to be recorded of all those practicing or visiting the Dojo to assist in tracing in the event of a participant proving COVID-19 positive.	Ensure latest mobile phone number recorded and held by the club.	LOW
	COVID-19	Identify layout of Tatami area to provide for individual safe distancing.	To ensure 2 metres spacing at all times a 4sq metre would be required per person.	LOW
		Ensure Instructor, holding current BAB coaching qualification available to lead training.	List of Instructors available on BAB website.	LOW
	COVID-19	Identify area for Instructor to demonstrate and monitor class from a static position.		LOW
	COVID-19	Ensure Spectators/Parent are located at safe distancing from tatami. This means a minimum of 2 metres from the edge of the tatami.	During the period this risk assessment remains valid, Hallamshire Aikido Club shall not permit spectators. Potential new members shall be required to comply with safety measures as directed by the club.	LOW





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	COVID-19	Implement procedure to avoid Cash Handling.	Where bank transfers or Standing Orders are not appropriate leave basket out for members to place enveloped mat fees etc.	LOW
	COVID-19	Ensure qualified First Aider is present and the first aid kit fully stocked.	If not available within the Club, then ensure that the venue has a qualified first aider present and ensure they have read the Guidance for Club First Aiders.	LOW
	COVID-19	Use of an infra-red, non-contact thermometer to check members wishing to train.	Temperature checking is available using infra-red, non-contact thermometer	LOW
Individual Members		All members to- Hold current BAB registration (including insurance)	BAB normal monthly returns will operate. New members are to fill in forms before their first practice session.	LOW
	COVID-19	All members to complete a COVID-19, Acceptance of Risk, Opt-In Form before practicing.	To be retained by Club	LOW
	COVID-19	Ensure no one practices who is displaying coronavirus symptoms or has been in contact with an infected person.	Temperature checking is available using infra-red, non-contact thermometer	MEDIUM
	COVID-19	Agree to complete track and trace contact details for each practiced session	Check to ensure current mobile number.	LOW
	COVID-19	Agree action to be taken in the event of someone becoming unwell during training.	Isolate the person, if possible, call their emergency contact or if unavailable, a member of their household to collect them. Prepare to advise on all those who have been in contact with him/her.	MEDIUM





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	COVID-19	Ensure those training wash hands or use sanitiser before and after training.		LOW
	COVID-19	Ensure zori/suitable footwear is clean and is to be worn to the edge of the tatami		LOW
	COVID-19	Face Masks to be worn in compliance with any government requirements and direction from the Covid-19 Officer		LOW

- Risk assessment prepared by Hallamshire Aikido Club, in accordance with BAB Risk Assessment Guidelines for the benefit of the club and its members by D Humphreys and authorised by M Headleand.
- Produced 8<sup>th</sup> October 2021 and to be reviewed every four weeks or following change to government guidance.

	Date	Comment and amendment record
1st review date		
2nd review date		
3rd review date		
4th review date		
5th review date		





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## Guidance for Individual Members

### Overview

- **Do not attend a Dojo if you are having any symptoms or have been in contact with someone who has tested positive for Covid-19.**
- Recognise that individuals must also accept a level of responsibility towards others and themselves.
  - **Refer to Appendix 2 - Note from the BAB Insurance Liaison Officer**
- Members are to provide, in confidence, their COVID-19 vaccination status to the Club. The Club recognises it has a duty of care to encourage and support safe practice, participation, coaching at all levels and reserves the right to require members to train in bubbles, by age, vaccine etc., or could arrange for separate training times.
  - **Refer to Appendix 1 - Note from the BAB Insurance Liaison Officer.**
- It is also recommended that Antigen test results are made available for all participants, test to have been conducted within 48 hours of training.
  - Specific requirement if not fully vaccinated.
- Complete the Opt-In form, recognising the element of risk.
- Only handle your own weapons, sanitising them before and after use.
- Use Hand Hygiene (Hand Sanitiser) or thoroughly wash hands on entering /leaving the Dojo.
- Use of Changing Rooms to be avoided.
- Agree in advance to follow guidance provided.
  - **Refer to Member acknowledgment.**
- Follow Government guidelines on the wearing of masks; recommended for members to wear face covering when indoors and travelling to and from the dojo.

Those Associations/Clubs responsible for their own venue, should also follow the Government's Guidelines on cleaning and safe distancing.

Members are reminded that all those training are required to hold current BAB Member Registration, which includes insurance and Clubs must also hold current Venue Registration.











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## Appendix 1 - Note from the BAB Insurance Liaison Officer

The BAB recognises that the COVID-19 vaccine is not currently a mandatory or statutory requirement and that individuals have the right to refuse. Further to this the BAB, Associations & Clubs have a duty of care to encourage and support safe practice, participation, coaching at all levels. One key element in achieving this is the development of robust club level risk assessments that recognise the additional challenges introduced by COVID-19.

At this stage the BAB considers that there is a moral obligation for individuals to inform Club Leaders and or Associations that they have not been vaccinated. The reason for non-vaccination is not required and the means of communicating the information in a sensitive and confidential manner are for Associations and or Clubs to determine. This information must only be utilised by Associations and or Clubs to update, amend, improve risk assessments and associated controls to further reduce the risk of infection for the benefit of their participants.

The Club Leaders overarching responsibility is their duty of care for the safety of the aikidoka on their mats. We believe this “duty of care” responsibility in this case is the overarching factor.

Until there is clear guidance from government with regard to the controversial issue of “vaccine passports” etc., the BAB cannot state categorically what are the correct actions to take. It is therefore down to the Club Leaders decision to take the actions that best satisfies their duty of care to their students.

Options include students to train in bubbles, by age, vaccine etc., or separate training times could be arranged. Ultimately it is the Club Leaders responsibility to risk assess and take the appropriate action that is right for their club.





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## Appendix 2 - Note from the BAB Insurance Liaison Officer

The BAB has training insurance in place covering civil liability and personal accident for Associations, Clubs, Instructors and Students. This insurance is operative on the understanding that DCMS Covid-19 sport training guidance is being followed. It does not, however, cover claims resulting from Covid-19 infection as a result of such training. Associations, Clubs and individuals are also reminded that cover is dependent upon individuals and clubs being registered as in membership of the BAB via the monthly membership returns. If you intend returning to training in October 2021, please ensure you are listed on your Association's membership return for that month – or a subsequent month if returning later.

